

Osteopathy and Bioenergy

(Understanding Biodynamic Model of Osteopathy in Cranial Field and Visceral Osteopathy through comparison with traditional energy medicine practices)

(Course outline)

23 hours

1. Dr. Stills Thoughts on the Body, Mind and Spirit
2. Energy medicine
 - Comparison Biodynamic Model of Osteopathy in Cranial Field (**BOCF**) and Visceral Osteopathy (**VO**) with traditional energy medicine practices
3. Therapeutic Touch vs BOCF and VO
4. Reiki vs BOCF and VO
5. Pranic Healing vs BOCF and VO
6. Chakras, TCM diagnosis and treatment vs BOCF and VO
7. Basic principles of energy self-healing
8. Correlation of Symptoms/Diseases with Stressors and Psychological, Emotional and Behavioral Correspondences of the Organs
9. Steps to self-healing
 - Optimum Breathing Rhythm
 - General self-scanning with self-analysis of energy imbalances including BOCF and VO assessment
 - The interpretation of the scanning results with assessment conclusion
 - Establishing Your Energetic Baseline
10. Scanning and analysis of energy imbalances including BOCF and VO assessment
 - Manual thermal diagnosis (according to J.-P. Barral)
 - The interpretation of the scanning results with assessment conclusion
11. Bioenergy Treatment including “sweeping”, “energizing”, TCM treatment vs BOCF and VO treatment
12. Diet and Bioenergy
13. Exercise and Bioenergy