Osteopathy and Bioenergy

(Understanding Biodynamic Model of Osteopathy in Cranial Field and Visceral Osteopathy through comparison with traditional energy medicine practices)

(Course outline)

23 hours

- 1. Dr. Stills Thoughts on the Body, Mind and Spirit
- 2. Energy medicine

Comparison Biodynamic Model of Osteopathy in Cranial Field **(BOCF)** and Visceral Osteopathy **(VO)** with traditional energy medicine practices

- 3. Therapeutic Touch vs BOCF and VO
- 4. Reiki vs BOCF and VO
- 5. Pranic Healing vs BOCF and VO
- 6. Chakras, TCM diagnosis and treatment vs BOCF and VO
- 7. Basic principles of energy self-healing

 8. Correlation of Symptoms/Diseases with Stressors and Psychological, Emotional and Behavioral Correspondences of the Organs
9. Steps to self-healing

Optimum Breathing Rhythm

General self-scanning with self-analysis of energy imbalances including BOCF and VO assessment

The interpretation of the scanning results with assessment conclusion

Establishing Your Energetic Baseline

10. Scanning and analysis of energy imbalances including BOCF and VO assessment

Manual thermal diagnosis (according to J.-P. Barral)

The interpretation of the scanning results with assessment conclusion

11. Bioenergy Treatment including "sweeping", "energizing", TCM treatment vs BOCF and VO treatment

- 12. Diet and Bioenergy
- 13. Exercise and Bioenergy

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